




Week 4 Breakfast and Lunch Menu

	Monday 21-Oct	Tuesday 22-Oct	Wednesday 23-Oct	Thursday 24-Oct	Friday 25-Oct	Saturday 26-Oct	Sunday 27-Oct
	Scrambled Eggs Crispy Bacon Turkey Sausage Links Honey French Toast Potatoes O'Brien Biscuit & Gravy Grits & Oatmeal Omelet Station Belgian Waffle Bar with Fruit Toppings	Bacon, Egg and Cheese Biscuit Turkey Sausage Patties Sausage Patties Chocolate Chip Pancakes Hash Brown Patty Grits and Cream of Wheat Sausage Gravy With Biscuits Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Crispy Bacon Corned Beef Hash French Toast Sticks Shredded Hash Browns Cheesy Grits Sausage Gravy With Biscuits Belgian Waffle Bar with Fruit Toppings	English Muffin, Cheese, and Egg Sausage links Turkey Bacon Bananna Pancakes Tater Tots Honey Oats Sausage Gravy With Biscuits Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Turkey Sausage Links Crispy Bacon Cinnamon Rolls Home Fries Grits Sausage Gravy With Biscuits Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Smoked Sausage Turkey Sausage Patties French Toast Sticks Hashbrown Patties Grits and Cream of Wheat Sausage Gravy With Biscuits Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Turkey Bacon Sausage Links Potatoes O'Brien Grits and Oatmeal Scrambled eggs Belgian Waffle Bar with Fruit Toppings
	Jumbalaya Bacon, Cajun Sausage Chicken, Shrimp Assorted Peppers, Garlic Green Onions, Tomatoes White Rice	Seafood Fajita Penne Pasta, Sundried Tomatoes Shrimp or Crab, Peppers & Onions, Diced Tomatoes, Jalapeno, Sour Cream, Pico de Gallo	Fried Rice Bar Ginger Soy Rice Diced Chicken or Tofu Scrambled Eggs, Shredded Carrots Bok Choy, Peas, Onions Green Onion & Celery	Fried Chicken Baked Chicken Macaroni and Cheese Roasted Butternut Squash Collard Greens	Frito Pie Corn Chips, Cheddar Cheese Sour Cream, Black Olives Green Onions, Jalapeno's Seasoned Ground Beef		
	Pastrami & Swiss Featured Item: Assorted Mustards	Cranberry Pecan Chicken Salad Featured Item: Hummus & Pita Chips	BLT Featured Item: House Made Apple Sauce	California Club Featured Item: Fried Onion's	Mr. Hollingshed's Grilled PB&J	Make Your own Masterpiece	Make Your Own Masterpiece
	BBQ Chicken Pasta Bake Roasted Yukon Potatoes Zucchini & Tomatoes Green Pea's	Taco Tuesday Beef & Chicken Refried Beans Spanish Rice Churrios	Grilled Ranch Pork Chops Turkey Tetrazzini Mashed Potatoes Ratatouille California Blend	Fried Chicken Baked Chicken Braised Cabbage Baked Yams Sweet Corn	Fried Fish Old Bay Baked Fish Cheese Grits Black Eye Pea's Vegetable Blend	Roasted Chicken Boiled Parsley Potatoes Roasted Roma Tomatoes Honey Glazed Carrots Rolls	Apple Glazed Ham Mac & Cheese Green Peas & Onions Roasted Cauliflower Rolls
	Cheese Pizza Pepperoni Pizza Three Cheese Stromboli	Cheese Pizza Pepperoni Pizza Chipotle Queso Pasta Bake Cheesy Garlic Bread	Cheese Pizza Pepperoni Pizza Hawaiian Pizza	Cheese Pizza Pepperoni Pizza Baked Pasta Bolognese Cheese Garlic Bread	Cheese Pizza Pepperoni Pizza Pesto Sausage Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza
	Meatball Manaria Sub Waffle Fries	Crispy Chicken Sandwich With Fresh Chips & Homemade Salsa	French Dip Ranch Fries	Breaded Pork Tenderloin Sandwich Seasoned Curly Fries	Mr. Hollingshed's Grilled PB & J Wedge Fries		
	Asian Slaw Antipasto Salad	Southern Potato Salad Antipasto Salad	Grilled Vegetable Salad Antipasto Salad	Macaroni Salad Antipasto Salad	Creamy Coleslaw Antipasto Salad	Antipasto Salad	Antipasto Salad
	Loaded Potato Soup Country Chicken Soup	Minestrone Spicy Sesame Chicken Soup	3 Bean Chili Verde Chicken Chili	Roasted Red Pepper Bisque Tuscan Chicken Soup	Cream Of Mushroom Seafood Stew	Chicken Vegetable Soup	Vegetable Rice Soup

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.